

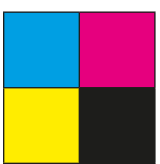


The Red Cow Menu

A Traditional Country Pub serving Cask Ales and Fine Wines renowned for its Excellent Food and Hospitality.

www.theredcowpub.com

All food and hot drinks available to take away.



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Andrew & the Team
Welcome you to
The Red Cow

Starters

- Thai Style Crab Cakes **GF** £9.50
Salad & Dill Mayo.
- Duck & Orange Pâté £8.50
Red Onion Marmalade & Granary Toast.
- Deville Whitebait £8.50
Deep Fried & Garnished with Cayenne Pepper.
- Tempura Battered King Prawns .. £9.00
Ginger & Garlic Marinated King Prawns with Sweet Chilli Dip.
- Camembert Bites..... £8.50
Breaded Camembert Bites with Chilli Jam.

Red Cow Favourites

All served with one of your choice of Chips, Jacket Potato, New Potatoes, Salad or Basmati Rice (except Prawn Salad & Baked Jacket Potato)

- Luxury Royal Greenland Prawn Salad £18.00
Layered with a Crisp Mixed Leaf Salad, Golden Croutons, and finished with Marie Rose Sauce.
- Baked Jacket Potato **GF** £14.50
Served with Prawns in Marie Rose Sauce & Salad Garnish.
- Chicken Fillets £16.50
Deep Fried Mildly Spiced Breaded Fillets.
- Chicken **GF** £16.50
Chargrilled Butterfly Chicken Breast with a choice of dip.
- Steak & Kidney Pie £18.00
A Rich Homemade Steak & Kidney Encased in a Short Crust Pastry.
- Breaded Wholetail Scampi £16.50
Deep Fried & served with Lemon & Tartare Sauce.
- Vegetable Lasagne **V** £17.00
A Tasty Vegetarian Dish.
- Beef Lasagne £17.00
Authentic Italian Lasagne made with layers of Pasta, British Beef & topped with Cheddar Cheese.
- Locally Cooked Ham **GF** £15.50
Served with Fried Egg or Chargrilled Pineapple.
- Beef Burger 6oz £17.00
Served with Coleslaw, Relish & Salad Garnish.
- With Cheese £18.00
- Chicken Curry **GF** £15.50
Tender Chicken Breast Pieces in a Mildly Spiced Curry Sauce.

- Thai Style Vegetable Curry **GF VG** £15.50
Spicy Thai Style Curry with hints of Lemongrass & Chillies.

Any Allergens, Food Intolerances or Dietary Requirements; please ask a member of staff for details.

From the Char Grill

All served with Garden Peas, Grilled Tomato, Grilled Mushrooms and your choice of Chips, Jacket Potato, New Potatoes, Salad or Basmati Rice.

- Fillet Steak 8oz **GF** £38.00
- T Bone Steak 16oz **GF** £38.00
- Rib Eye Steak 10oz **GF** £30.00
- Sirloin Steak 8oz **GF** £28.00
- Gammon Steak 8oz **GF** £20.00
Served with Fried Egg or Chargrilled Pineapple.
- Lamb Cutlets **GF** £24.00

Junior Choice

Suited to Children 7 years and under.

All served with a choice of two from the following: Chips, New Potatoes, Fresh Vegetables, Baked Beans or Salad Garnish.

- Chicken Nuggets £9.50
- Breaded Wholetail Scampi £9.50
- Sausages **GF** £9.50
- Beef Burger 4oz £9.50
Served with Relish & Salad Garnish.
- Locally Cooked Ham **GF** £9.50
Served with Fried Egg or Chargrilled Pineapple.

Extras

- Salad £4.50
- Beer Battered Onion Rings £4.50
- Chips £4.50
- Cheesy Chips £5.50
- Grilled Mushrooms £4.00
- New Potatoes £3.50
- Baked Beans £3.00
- Jacket Potato £4.00
- Homemade Coleslaw £4.00
- Peas £2.50
- Basmati Rice £3.00
- Garlic Bread £4.50
- Cheesy Garlic Bread £5.50
- Fresh Vegetables £4.50
- Freshly Baked White or Granary Bread £2.50

- Suitable for Vegetarians **V**
- Suitable for Vegans **VG**
- Gluten Free **GF**
- Gluten Free Options **GFO**



Weights where specified are approximate and before cooking.

VAT is included in all prices.

Wi-Fi: Red Cow Guest
Password: RedCowGeorge
