



The Red Cow

Sunday & Bank Holiday

Menu & Prices

A Traditional Country Pub serving Cask Ales and Fine Wines
renowned for its Excellent Food and Hospitality.

www.theredcowpub.com

All food and hot drinks available to take away.



Mike, Janet & Andrew
Welcome you to
The Red Cow

The Red Cow is situated just to the west of the ancient landmark known as The Knoll. It is rumoured that The Knoll in times past was an island and there are many fossils which supports this theory.

Today The Red Cow is renowned for its excellent food and hospitality.

All food and hot drinks available to take away.

Junior Choice

Suited to Children 7 years and under.
 All served with a choice of two from the following: Chips, New Potatoes, Fresh Vegetables, Baked Beans or Salad Garnish.

Chicken Nuggets £9.00
 Battered Cod Fish Fingers £9.00
 Sausages £9.00

Red Cow Favourites

All served with one of your choice of Chips, Jacket Potatoes, New Potatoes, Croquettes, Salad or Basmati Rice (except Prawn Salad.)

Prawn Salad **GF** £15.50
 Luxury Royal Greenland Prawns served with a generous Mixed Salad.

Chicken Fillets £14.50
 Deep Fried Mildly Spiced Breaded Fillets.

Steak & Kidney Pie £15.00
 A Rich Homemade Steak & Kidney Encased in a Short Crust Pastry.

Battered Cod Goujons £13.50
 Succulent Cod in a Crispy Light Batter served with Lemon & Tartare Sauce.

Vegetable Lasagne **V** £14.50
 A Tasty Vegetarian Dish.

Beef Lasagne £14.50
 Authentic Italian Lasagne made with layers of Pasta, British Beef & topped with Cheddar Cheese.

From the Char Grill

All served with Garden Peas, Grilled Tomato, Grilled Mushrooms and your choice of Chips, Jacket Potato, New Potatoes, Croquettes, Salad or Basmati Rice.

Sirloin Steak 8oz **GF** £22.00
 Gammon Steak 8oz **GF** £17.00
 Served with Fried Egg or Chargrilled Pineapple.

Roast Of The Day

Served with Fresh Vegetables, Roast Potatoes, Yorkshire Pudding and Gravy.

Large £14.50
 Medium £12.50
 Small £10.50

Vegetarian Choice and Gluten Free options available.

Hot Drinks

Cappuccino £2.70
 Traditional Italian-Style Coffee topped with Whipped Milk.

Espresso £2.70
 Strong Black Italian-Style Coffee.

Café Latté £2.70
 French-Style White Coffee.

Coffee £2.60
 Freshly-Brewed Black Coffee.

Mocha £2.70
 Hot Milk Chocolate topped with Espresso Coffee.

Hot Chocolate £2.70

Chocomilk £2.70
 Hot Milky Chocolate.

Tea £2.60

Any **Allergens, Food Intolerances or Dietary Requirements**; please ask a member of staff for details.

- Suitable for Vegetarians **V**
- Suitable for Vegans **VG**
- Gluten Free **GF**
- Gluten Free Options **GFO**



Weights where specified are approximate and before cooking.
 VAT is included in all prices.