

The Red Cow

Sunday & Bank Holiday

Menu & Prices

**A Traditional Country Pub serving Cask Ales and Fine Wines
renowned for its Excellent Food and Hospitality.**

www.theredcowpub.com

**All food and hot drinks on this
menu are available to take away.**



Mike, Janet & Andrew

Welcome you to

The Red Cow

The Red Cow is situated just to the west of the ancient landmark known as The Knoll. It is rumoured that The Knoll in times past was an island and there are many fossils which supports this theory.

Today The Red Cow is renowned for its excellent food and hospitality.

We hope you enjoy your meal and look forward to seeing you again soon.

Please place your order at the bar.

Where possible all of our veg and meat produce is locally sourced.

All food and hot drinks on this menu are available to take away.

Light Bites

Garlic Mushrooms **V** £7.00
Breaded & served with a Crisp Salad Garnish & Homemade Garlic Dip.

Locally Sourced Pâté£6.50
A Rich Paté Served with toast and chutney.

Prawn Platter£7.50
Luxury Royal Greenland Prawns in our Marie Rose Sauce.

Oriental Tempura Prawns£7.50
Torpedo Style King Prawns in Tempura Batter served with Salad Garnish, Lemon Wedge & Sweet Chilli Dip.

Junior Choice

Suited to Children 7 years and under.

All served with a choice of two from the following: Chips, New Potatoes, Fresh Vegetables, Baked Beans or Salad Garnish.

Chicken Nuggets £8.00

Battered Cod Fish Fingers £8.00

Breaded Wholetail Scampi £8.00

Sausages £8.00

Roast Of The Day

Served with Fresh Vegetables, Roast Potatoes, Yorkshire Pudding and Gravy.

Large £13.00

Medium £11.00

Small £9.00

From the Char Grill

All served with Garden Peas, Grilled Tomato, Grilled Mushrooms and your choice of Chips, Jacket Potato, New Potatoes, Croquettes, Salad or Basmati Rice.

Sirloin Steak **GF** £20.00

Lamb Cutlets **GF** £17.50

Gammon Steak 8oz **GF** £15.50
Served with Fried Egg or Chargrilled Pineapple.

Red Cow Ploughman's

All real plateful served with White Bloomer or Harvester Bloomer & Butter, Local Farmhouse Pickles & Salad Garnish.

Creamy Stilton Cheese **V**£11.50

Mature Cheddar Cheese **V**£11.50

Locally Cooked Ham£11.50

Red Cow Favourites

All served with one of your choice of Chips, Jacket Potatoes, New Potatoes, Croquettes, Salad or Basmati Rice (except Prawn Salad.)

Prawn Salad **GF**£14.00
Luxury Royal Greenland Prawns served with a generous Mixed Salad.

Chicken Fillets£13.00
Deep Fried Mildly Spiced Breaded Fillets.

Chicken **GF**£13.00
Chargrilled Butterfly Chicken Breast with a choice of dip.

Steak & Kidney Pie£13.50
A Rich Homemade Steak & Kidney Encased in a Short Crust Pastry.

Breaded Wholetail Scampi ...£12.00
Deep Fried & served with Lemon & Tartare Sauce.

Vegetable Lasagne **V**.....£13.00
A Tasty Vegetarian Dish.

Beef Lasagne£13.00
Authentic Italian Lasagne made with layers of Pasta, British Beef & topped with Cheddar Cheese.

Locally Cooked Ham **GF**£11.50
Served with Fried Egg or Chargrilled Pineapple.

Fillet of Plaice£11.50
Deep Fried and breaded, served with lemon & tartare sauce.

Hot Drinks

Cappuccino£2.50
Traditional Italian-Style Coffee topped with Whipped Milk.

Espresso£2.50
Strong Black Italian-Style Coffee.

Café Latté£2.50
French-Style White Coffee.

Desserts & Ice Creams

Raspberry Pavlova **GF**£6.50
Warm Fruit pie£6.50

Served with ice-cream, cream or custard.

Salted Caramel Brownie£6.50
Served with ice-cream, cream or custard.

Homemade Crème Brûlée£6.50
Served with a homemade biscuit.

Hand Made Cheesecake£6.50
Served with ice-cream, cream or custard.

Steamed Sponge Pudding£6.50
Served with ice-cream, cream or custard.

Gluten Free, Vegan Chocolate & Orange Torte **VG**.....£6.50

Marshfield's Ice Creams per scoop £2.00
Choose from three delicious flavours: Mocha, Rum & Raisin, or Caramel Clotted Cream.

Marshfields Sorbet per scoop £2.00
Ask a member of staff for choices.

Vanilla Ice Cream per scoop £1.50

Marshfield's Ice Cream served with any dessert 50p extra per scoop.

Coffee£2.40
Freshly-Brewed Black Coffee.

Mocha£2.50
Hot Milk Chocolate topped with Espresso Coffee.

Hot Chocolate£2.50

Chocomilk£2.50
Hot Milky Chocolate.

Tea£2.40

All of our food is cooked to order. At busy times your patience would be appreciated.

Any **Allergens, Food Intolerances or Dietary Requirements**; please ask a member of staff for details.

See the blackboard for today's selection of specials.

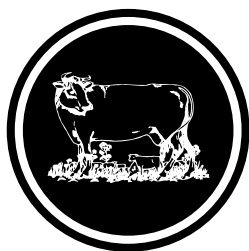


Suitable for Vegetarians **V**

Suitable for Vegans **VG**

Gluten Free **GF**

Weights where specified are approximate and before cooking. VAT is included in all prices.



The Red Cow

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www.theredcowpub.com

Directions

Take Junction 22 off the M5 at the roundabout take the 3rd exit towards Weston-super-Mare/Bristol, ½ mile on the left hand side turn into Brent Knoll. We are 1 mile down on the right hand side.

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